



**INSPIRING HUMAN**  
SOLUTIONS TO LIFE'S CHALLENGES

## SOCIAL LIFE AT A GLANCE

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## FACES OF CSBS



### Alumni Spotlight

Meet political science alumnus Rick Larsen. Rick is president and CEO of Sutherland Institute - a nonpartisan think tank that serves a unique role in today's polarized political climate. His passion for sound public policy and sustainable solutions at the community level motivated him to earn bachelor's degrees from the University of Utah in both consumer and community studies and political science with an emphasis on public policy. His career includes the unlikely combination of a decade in Hollywood and 20 years in the nonprofit sector. He says one led to the other - but that is a long story. [READ MORE](#)



### Student Spotlight

Meet Maia Southwick, a CSBS Solutions Scholar double majoring in psychology and health, society & policy.

Maia grew up here in Salt Lake City, Utah and has always been interested in how other people function, which is what drew her to psychology. She intends to pursue a career where she can apply what she learns to help others and make a positive impact in the community. That is why she is considering either non-profit work or public policy work in either health, education, and/or children. [READ MORE](#)

## FEATURED NEWS

To view our news archive, [click here](#)



### Living close to parks linked to happiness

David Strayer, professor of psychology, explains, "Going into nature changes how the brain works, with the parts associated with being mindful and in a meditative state becoming more active."

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### What is the value of a college degree?

Today the value of a bachelor's degree is openly debated nationally given strong employment, the rising cost of a college education and other workforce training options.

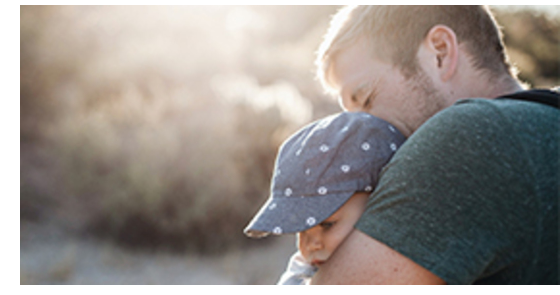
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### One-third of military personnel keep firearms safely stored at home

Craig Bryan, executive director of the National Center for Veteran Studies, compares safe gun storage to wearing a seatbelt when we drive. "It's just a safety strategy -- a very simple thing that we can do that actually reduces the likelihood of us dying during an unexpected accident," he states.

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### Having kids does make you happier, but only after they leave the nest

Nick Wolfinger, professor of family and consumer studies, did a study that found that empty nest parents ages 50-70 were 5 to 6 percent more likely to report being very happy than those with children still at home.

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### Utah women voting at highest rates since low point in 2006

Professor of political science Matt Burbank illustrates, "Utah has 'tended to have fewer competitive elections,' with Republicans generally winning the state's gubernatorial and congressional spots. This can lead to people feeling like they don't need to participate as much."

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### Uber and Lyft say their drivers' names are 'trade secrets'

Marshall Steinbaum, assistant professor of economics, explains that the companies' relationship with the drivers "gets at the question at the heart of the platform business model, which is how to exercise maximum control at the same time as being minimally responsible."

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## CALENDAR OF EVENTS

### OCTOBER

#### **CSBS and Social Work Blood Drive**

October 15 | 10:00 AM-3:00 PM | Union - A. Ray Olpin (UNION) Center Ballroom

#### **C-FAHR Open House and Mixer**

October 17 | 4:30-6:30 PM | Gardner Commons (GC) Room 2900

#### **Rufus Wood Leigh Lecture: Guest Lecturer Dr. Douglas J. Kennett**

October 21 | 7:00-9:00 PM | Gardner Commons (GC) Room 1900

#### **A New Future for Antitrust?**

October 25 - October 26 | Carolyn and Kem Gardner Commons (GC) Room 2900

## SPECIAL ANNOUNCEMENTS



October is #SafeU Month. The SafeU committee is inviting the campus community to engage in safety awareness, education and training. A calendar of events will be available in the coming weeks. [READ MORE](#)

## AWARDS & KUDOS



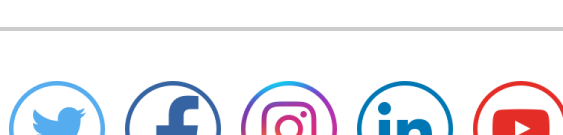
Congratulations to psychology professor Traffon Drew, who was awarded the prestigious Bergmann Memorial Research Award from the Binational Science Foundation. This is an early career award to recognize and further the development of promising young scientists.



Congratulations to Erica Medina, Cindy Diaz Rey and Nidia Zavala Gonzalez who are all recipients of the 2019 LEAP Scholarship. These students have demonstrated high academic performance, involvement, and are expected to be leaders on campus.



CSBS wins the Degree Completion Challenge. The college will receive \$80,000 to implement the Academic Success Enhancement program (ASCENT) to improve undergraduate student success in attaining a degree.



**Stay connected with us!** Check out our social media accounts to learn more about CSBS including news, events, pictures, videos and more!

FORWARD TO A FRIEND

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