FACES OF CSBS

Jason Roughting

Jason Roughting is an associate with First Street. He is a master’s student in social work at the University of Utah. Jason’s research interests include the impact of neighborhood characteristics on health and well-being, and he has been actively involved in efforts to reduce the influx of homeless individuals into neighborhoods. His projects have focused on strategies for improving neighborhood safety and reducing instances of violence. Jason believes that addressing these issues is crucial for creating healthier, more resilient communities. In addition to his work, Jason has a strong passion for cooking and exploring local restaurants.

Jeanette Sager

Jeanette Sager, a PhD candidate at U of Utah, has a growing number of experiences. She is currently completing her dissertation on the impact of neighborhood characteristics on health and well-being. Jeanette has been actively involved in efforts to reduce the influx of homeless individuals into neighborhoods. She has organized a number of events and workshops to bring together community members, government officials, and advocates to discuss strategies for improving neighborhood safety and reducing instances of violence. Jeanette believes that addressing these issues is crucial for creating healthier, more resilient communities. In addition to her work, Jeanette has a strong passion for cooking and exploring local restaurants.

FEATURED NEWS

Living longer through quality sleep patterns

Sleep has a major impact on our physical health, mental well-being, and overall quality of life. Getting enough sleep each night is crucial for maintaining a healthy lifestyle. According to a recent study, individuals who consistently get adequate sleep tend to have lower blood pressure, reduced risk of heart disease, and a healthier immune system. The researchers found that poor sleep patterns can contribute to a range of health problems, including obesity, diabetes, and even premature aging. They emphasize the importance of prioritizing quality sleep in our daily routines to promote overall health and well-being.

One-third of military personnel keep firearms safely stored at home

David Strayer, professor of psychology, offered insights into the importance of safe gun storage. He emphasized that simply owning a weapon does not necessarily mean that it will be used responsibly. Strayer compared safe gun storage to wearing a seatbelt when we drive. “It’s just a safety measure,” he said. “It’s a way to protect yourself and others.”

C-FAHR Open House and Mixer

The Center for Family and Health Research (C-FAHR) held its annual open house and mixer on October 26th. The event featured presentations on the latest research and initiatives in family and health studies. Attendees had the opportunity to network with faculty, students, and professionals in the field. The open house and mixer also included a raffle for prizes and refreshments. The event was well-attended, with many participants expressing their appreciation for the opportunity to learn more about the center’s work.

CALENDAR OF EVENTS

OCTOBER

CSBS and Social Work Blood Drive
October 15 | 10:00 AM-3:00 PM | Union - A. Ray Olpin (UNION) Center Ballroom
CSBS wins the Degree Completion Challenge. The college will receive $80,000 to implement the Academic Success Enhancement program (ASCENT) to improve undergraduate student success in CSBS and Social Work.
CSBS and Social Work Blood Drive
October 26 | 10:00 AM-3:00 PM | Union - A. Ray Olpin (UNION) Center Ballroom
New Future for Antitrust?
October 26 - October 27 | 9:00 AM-5:00 PM | Mitchell Hall
Rhonda Kehoe, a professor of law, will present a lecture titled “TrueRemove: The New Future for Antitrust?” The lecture will explore the potential impact of TrueRemove on the antitrust landscape and discuss its implications for consumers and businesses.

AWARDS & KUDOS

Congratulations to psychology professor Trafton Drew, who was awarded the prestigious Bergmann Memorial Research Award from the University of Utah. The award recognizes and further the development of promising young scientists.

Now that’s something that is going to increase happiness

“...that is a long story.”

Hollywood and 20 years in the nonprofit sector. He says one led to the other - but that is a long story.

Rick Larsen, political science alumnus, has been president of the University of Utah since October 15, 2021. He has a strong background in public service and has held a number of senior positions in government and politics. Larsen is a former member of the Utah Senate and served as a diplomat for the United States in Europe. He is a strong advocate for higher education and has a deep commitment to making the University of Utah a leader in innovation and research. Larsen is a native of Salt Lake City, Utah and received his bachelor’s degree in political science from the University of Utah.