Few majors have a true linear trajectory to a specific career path. A Human Development & Family Studies degree can prepare you for a variety of career paths including human services, human resources, research, business and industry. A graduate degree will further prepare an HDFS student for more specialized careers.

**Related Career Fields**

- **Human Services: Direct Care**
  - Counseling
  - Child Life
  - Applied Behavior Analysis
  - Group Homes
  - Case Management
  - Mental Health Services
  - Physical Health and Wellness
  - Crisis Work
  - Rehabilitation Services
  - Testing/Assessment
  - Youth Services Agencies

- **Human Services: Administration**
  - Advocacy
  - Programming
  - Community Relations
  - Management
  - Development/Fund Raising
  - Grant Writing

- **Research**
  - Social Research
  - Market Research
  - Data Analysis

- **Education**
  - Preschool Teaching
  - Elementary Education
  - Adult Learning/Community Instruction
  - Childcare

- **Human Resources**
  - Employment and Recruitment
  - Selection
  - Labor Relations
  - Compensation and Benefits
  - Organizational Development
  - Training

- **Business & Industry**
  - Sales
  - Customer Service
  - Public Relations
  - Market Research
  - Management
  - Insurance
  - Real Estate

**General Career Information for HDFS majors:**

- Who Hires U of U Grads
- What can I do with this major

**Additional Career Path Exploration Resources:**

- O*Net Online: [http://www.onetonline.org](http://www.onetonline.org)

**What are Utah HDFS alumni doing with their majors?**

There are over 819 U of U HDFS alumni on LinkedIn. Here is a snapshot of what they do and where they work.

**Select Professional & Student Organizations**

- American Association for Marriage and Family Therapy
- American Association of Family & Consumer Sciences
- American Counseling Association
- Child Development Association (CDA) National Credentialing Program – Council for Professional Recognition
- Child Life Council
- Community Development Society
- National Association for the Education of Young Children (NAEYC)
- National Council on Family Relations
- Kappa Omicron Nu Honor Society @ U of U

**Contact your Career Counselor:** Caroline Peck · [cpeck@sa.utah.edu](mailto:cpeck@sa.utah.edu) · (801) 585-5049 · 350 SSB
EXCLUSIVE STUDENT RESOURCES

Services are FREE for current U of U students up to one year after graduation. Graduates from more than a year ago are eligible for services with an Alumni Association membership.

- **Choosing a Career/Career Development** – Visit our website (http://careers.utah.edu) and the Career Exploration Center (350 SSB) for information on careers/internships, job market trends, salary information, and “What can I do with this major?”

- **Career counseling/guidance** available including resume review, interview techniques, networking resources, and salary negotiation – see Find Your Counselor on our website or call 801/581-6186. Walk-in counselors are also available on Tuesdays, Wednesdays, and Thursdays from 10am-3pm.

- **Finding a part-time job, internship or career position** – easy online access to local, national, and government job postings, as well as volunteer, military and non-profit opportunities on UCareerLink.

- **Resume writing help & samples** – resume/cover letter writing instructions, examples and career counselor to proof and suggest updates your resume.

- **Interviewing techniques** – library and web resources, workshops and practice interviews through UCareerLink or by appointment with counselor.

- **Career Services Internship Program** – obtain local or national internship opportunities to gain practical experience in your field of study for which you may receive University of Utah upper-division academic credit.

- **Finding employers and employer contacts** – mentor and company contacts directory in UCareerLink and access to national software tools CareerShift. Assistance with creating a profile and utilizing LinkedIn.

- **Career Fairs, Student Job & Internship fairs** – Fall and Spring, see website for dates.

- **On-campus interviewing and information sessions** – employers come to Career Services on campus to meet with students. Sign-up through UCareerLink.

- **Getting into graduate school** – annual fall Graduate School Fair, workshops, and other resources including navigating the application process and assistance with personal statements.

- **Career Pathways** – join young alumni and professionals to explore and network around a targeted career field. Each event includes a panel discussion with professionals, followed by an opportunity for students to meet and learn more about the variety of careers from industry professionals.